

Delaware Valley



Lacrosse League

Purpose

Delaware Valley Lacrosse League (DVLL) was created to serve youth lacrosse players in grades K-4 residing in Southeast Pennsylvania. The goal is to allow developing players to put to practical use the skills and lacrosse knowledge they've learned in practice, to begin to learn the rules of the game and most importantly, develop good sportsmanship and have fun.

Divisions

DVLL will have 3 divisions:

Squirts (K-1st)
Peewees (2nd)
Bantams (3rd-4th)

If a program does not have enough players to fill a Peewee team they can then combine their K-2 to form their Squirt team.

Bantam teams should only be comprised of developing 3rd and 4th grade players. If your program has the talent to enter a C-1 team in SEPYLA that is the level they should be playing. You might win a lot of games and score a lot of goals but your kids will gain nothing from the experience of playing in DVLL.

Field and Goal Size

Squirts and Peewees will play on a modified 60 x 30 field. Bantam's will play on a modified 85 x 60 field.

Goals:

Squirts will use a 4x4 goal. Peewees and Bantams will use 6x6 goals.

Markings:

Bantam field's will be painted with white, Squirt and Peewee fields will be outlined in an alternate color.

Game Play

Squirt and Peewee:

7v7 (2 attack, 2 middies, 2 defenders, goalie[optional]) or 8v8 (2, 3, 2, goalie [optional])

If no goalie is available the team may use a shot blocker (team must provide). If no shot blocker provided goals will be flipped upside down. If using a shot blocker, 2 consecutive shots (per possession) hitting the blocker qualifies as a goal. (This can be increased per coaches if game is one sided)

35 minute running clock game. 15 minute halves, 5 minute halftime.

One pass hot rule.

Penalties: Offending player is subbed for duration of the penalty.

Substitution: Try to sub through the box but no foul if they don't.

No clocks (for clearing)

No checking.

US Lacrosse Youth rules apply.

Bantam

7v7 (2 attack, 2 middies, 2 defenders, goalie[optional]) or 8v8 (2, 3, 2, goalie [optional])

If no goalie is available the team may use a shot blocker (team must provide). If no shot blocker provided goals will be flipped upside down. If using a shot blocker, 2 consecutive shots (per possession) hitting the blocker qualifies as a goal.

35 minute running clock game. 15 minute halves, 5 minute halftime.

4 second crease clock in effect.

Substitution: Must sub through box.

Ball is always hot.

Contact limited to USL youth rules.

US Lacrosse Youth rules apply. See specific PeeWee and Squirt Rules in Appendix

Game Clock:

There will be a central horn for start and stop of halves. Official can keep time on the field if they choose. Designated home team should provide a scorekeeper and for Bantam games a penalty timekeeper. (Officials can keep penalty time if no timekeeper is available).

Spectators:

For squirt and peewee games, the teams will stand in the middle zone of the full lacrosse field, spectators on the end lines. For bantam games teams will stand on the side of the field with the scorers and time keepers table, spectators on the opposite side. **Please see accompanying COVID Guidelines for more information about spectators**

Officiating

Officiating for Squirt games will be by High School Volunteer Referees.

Pee wee games will have 1 US Lacrosse sanctioned official.

Bantam games will have 2 US Lacrosse sanctioned officials.

Equipment

Equipment rules will follow those established by US Lacrosse.

Field Players:

- (1) A lacrosse helmet that meets NOCSAE ND041 at the time of manufacture and has a permanent replica of the NOCSAE lacrosse seal appearing legibly on the exterior of the helmet shell.
- (2) An Intra-oral mouth protector (mouth piece);
- (3) Protective gloves designed for boys' lacrosse;
- (4) Shoulder pads designed for boy's lacrosse;
- (5) Athletic cleats or athletic shoes;
- (6) Arm (elbow) pads designed for lacrosse;
- (7) A jersey and shorts of the same color(s) as those of their teammates,

(8) Athletic protective cup.

* Note: Beginning in 2022, field players must wear protectors for commotio cordis that meet the NOCSAE ND200 standard and contain an SEI certification mark.

Goalie Equipment:

Goalies will follow the equipment guidelines for field players with the following exceptions:

- (1) The helmet must have attached a throat protector designed for lacrosse.
- (2) In place of shoulder pads, goalkeeper chest protector that must be designed for lacrosse **and meet the NOCSAE standard, ND200**

Optional:

Shin guards, rib guards, padded goalie pants.

Schedule

See Revised Master Schedule distributed 4/23/21

Games will be played on Sunday at Evans Elementary in Limerick.

Good Sportsmanship

Lacrosse is an ancient game that originated with Native Americans. It was played to foster community, settle disputes and provide an outlet for young men to expend energy that might otherwise lead to conflicts.

The game has evolved to fit our modern era, the rules codified and safety for the players taken foremost into consideration. It is still a physical and exciting game, one that is easy for players, coaches and fans to get their emotions caught up in. We want everyone to have fun and enjoy the game and root for their team without losing sight that this is just simply a youth sporting event. There will be a zero tolerance level for unsportsmanlike behavior from coaches, players and fans..

DVLL will expect the highest in sportsmanship from all participants. Coaches should lead the way by remaining composed on the sidelines, setting the example for their players and fans.

In Peewee and Bantam games officials will follow their own standards for sideline and field behavior with the exception of fighting. That will incur an automatic suspension from the current and next game for players involved. Officials can eject a coach, player or fan from the current game or complex if they have warned the individual about their behavior.

For Squirt games, coaches will be responsible for the behavior of themselves, their players and their fans. If someone on the sideline is behaving improperly it is your responsibility to ask them to stop and if they won't to request that they leave.

Each week a league will have to have a representative(s) on site who will speak for the league if any issues arise. A schedule will be worked out prior to the season's first game.

Appendix

Cost:

The cost of the league will be carried equally between all participating programs. The fees are structured to cover officials, field maintenance and lining and a port o potty rental.

See invoices distributed to league members.

[US Lacrosse Rules:](#)

PeeWee Rules (Amended 4/29/2021). Using US Lacrosse U8 rules unless indicated below

- No faceoff **(if both coaches want to take faceoffs to start each half, they can agree to that before the game and tell the referee)**
- 2 players must remain in each team's defensive side of the field at all times ("offsides"). – Amended 4/29
- Coaches can be on the field to assist
- **There must be one completed pass or 2 consecutive pass attempts before a player can shoot on goal**
- After goals, the defense is given the ball at goal line extended
- Some body contact allowed but body checking is illegal
- Limited stick checking, with only lift checks, poke checks and stick checks below an opponent's shoulders
- No man down penalties, but players who commit fouls will leave the field
- All players must be 5 yards away from the ball carrier before restarting play


Squirt Rules Using US Lacrosse U8 rules unless indicated below

- No faceoff **(if both coaches want to take faceoffs to start each half, they can agree to that before the game and tell the referee)**
- No offside penalties, players can roam the entire field
- Coaches can be on the field to assist
- **There must be one completed pass or 2 consecutive pass attempts before a player can shoot on goal**
- After goals, the defense is given the ball at goal line extended
- Some body contact allowed but body checking is illegal
- Limited stick checking, with only lift checks, poke checks and stick checks below an opponent's shoulders
- No man down penalties, but players who commit fouls will leave the field
- All players must be 5 yards away from the ball carrier before restarting play



SFYLAX – DVLL COVID PROTOCOL

Draft for Discussion

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- The following guidelines must be followed for all programs (including players, coaches and spectators) participating in a DVLL play day
 - Failure to follow any of these guidelines will result in a request/reminder by one of the SFYLAX DVLL organizers to abide by the guidelines.
 - Further refusal to abide by the guidelines will result in that person, family, program being removed from the DVLL with no refund given.
 - These guidelines are not up for Medical or Political Debate, these ensure our kids can play lacrosse this Spring

GUIDELINES*

- Each coach/program leader must certify through [the COVID Health Assessment and Certification Form](#) that the kids they are bringing to the Play Day have answered "No" to the following questions for each play day they attend and that the programs have some method to record and track these responses. If a child answers yes to any of the questions or is not feeling well the day proceeding or day of the play day, they must remain at home.
 - Have you experienced a fever of 100.4°F or greater in the past 14 days?
 - Have you received a positive result from a COVID-19 test within the past 14 days?
 - In the past 14 days, have you been in close contact with anyone that has or had symptoms of COVID-19 that required you to quarantine?
 - In the past 14 days, have you or someone you have been in close contact with traveled to an area that required quarantine upon return?
 - In the past 14 days, have you experienced any of these symptoms that are not attributed to another health condition: cough, loss of smell or taste, runny nose, shortness of breath, or a sore throat?
- Maximum of 1 Spectator per child in attendance.
- Players should get ready at their cars
- All Spectators, Coaches and Referees must wear a mask for the duration of the time they are at the play day. Spectators, Coaches and Referees must maintain 6 feet of social distancing
- Each child must bring their own water bottle, clearly identified as theirs.
- We strongly recommend following the PA Mandate on mask wearing for all players. It can be read [HERE](#). A FAQ on this order can be found [HERE](#). It will not be the responsibility of anyone other than the child/parent to enforce this.
- At the conclusion of a team's games, the parent, coach and player must all return to their cars immediately, this excludes the program responsible for field clean-up.

*These guidelines are based on current State and County health guidelines ([including 250 people at outdoor gatherings](#)). All guidelines in this document will be reevaluated if there are changes at the Federal, State or Local level and adopted accordingly

REPORTING GUIDELINES

- If a player who attended a DVLL playday has tested positive for COVID19, the program leader must notify the DVLL Commissioner (DVLL@springfordlacrosse.com).
 - The program/commissioner will determine best course of action based on the facts/circumstances and communicate with those impacted.
- If a family member/close contact of a player has tested positive, that player must not attend a DVLL Play Day for 10 days from last contact or 7 days if a negative test is received from a test on Day 5 of quarantine or later